FOUNDATION COURSE FOR 1st MBBS 2019-20.

|  |  |  |
| --- | --- | --- |
| DATES | TIMINGS |  |
| 9.00AM TO 11.00 AM | 11.00 AM TO 1.00PM | 2.00 PM TO 4.00 PM | 4.00 PMTO 5.00PM |  |
| AUGUST 01 | Welcoming the Batch | Evolution of FIMS(Know about yourInstitution)(Dept. ofBiochemistry) | Interaction of parents withHostel wardens / Teacher.(Dept. of ForensicMedicine(Dept. of Pharmacology) | (PI,FIMS)SPORTSACTIVITIES |  |
| AUGUST 02 | Orientation to MBBSprogram & curriculumHOD, Dept. of AnatomyOverview of MBBSprogram (FIMS)HOD, Dept. of Physiology | What the student canexpect (know aboutyour profession)Dept. ofBiochemistry | Awareness about Ragging(Anti- Ragging committee) |
| AUGUST 03 | H/o medicine Evolution ofAllopathic Medicine(pharm) | AlternativecomplementaryMedicine(Pharm) | College visit/ HospitalCommunity Medicine postings. |
| AUGUST 05 | Stress management(Psychiatry Dept ) | Skills &LearningmethodsDr.( MEU ) | college / Hospital rounds |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| AUGUST 06 | Health care system & its Delivery, working within ahealthcare team.(P & SM Dept.) | college / Hospitalrounds | Mr.( PI ,FIMS)SPORTSACTIVITIES |  |
| AUGUST 07 | First aid &BLS (P&SM)(EM), (Med), (Anesth) | National Healthpolicies & priorities(P & SM Dept.) | college / Hospitalrounds |
| AUGUST 08 | Orientation to communityRoll No : 1 -50 Skill LabRoll No : 51- 100 Community visit |
| AUGUST 09 | Roll No : 1 - 50 community visitRoll No :51- 100 Life skills |
| AUGUST 13 | Career pathways & personalgrowth after MBBS | National healthpolicies & priorities(P&SM | skill lab training(P & SM Dept.) |
| AUGUST 14 | Vaccination schedule( P& SM, & Pediatrics) | Time managementBiochemistry Dept. | Life skills training(P & SM Dept.) |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| AUGUST 16 | Communication skills,group dynamics &interpersonalcommunication(P & SM Dept.) | Physicians Role in the societyPhysiology Dept. | Life skills training(P & SM Dept.) | (PI ,FIMS) SPORTSACTIVITIES |  |
| AUGUST 17 | Principles of primarycare(P & SM Dept.) | Medical records/ Documentation/ Hospital management(Physiology Dept.)(Anatomy Dept.) | skill lab training(P & SM Dept.) |
| AUGUST 19 | Safety - Biomedicalwaste managementBiohazards safetyMicrobiology Dept. | Universal PrecautionHand wash workshop measuresMicrobiology Dept. | Life skills training(P & SM Dept.) |
| AUGUST 20 | Medical Ethics,professionalism,Professor, Dept. ofForensic Medicine,(MEU) | Medical Ethics attitude&behavior(Psychiatry Dept ) | Language |
| AUGUST 21 | Relating to patient’s experience of a disease, communicationwith patient & familiesWhat it means to be a Doctor. AETCOM 1.11 Hour Lecture Followed by small group activityDept. of Physiology, | Language |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| AUGUST 22 | Academy Ambience(P & SM Dept.),(OBG), (Physio), (Pharm) | Information Technology inMedicine.Biochemistry Dept.,Pharm,Physio | Language | (PI ,FIMS)SPORTSACTIVITIES |  |
| AUGUST 23 | 1.Role of physician in society.(Dept. of Medicine)2.Importance of hobbies &extracurricular activities.(Dept. of Anatomy) | Research methodology(Dept. of Pharmacology) | Language |
| AUGUST 24 | Computer skills(Mr.peer) | Computer skills(Mr.peer) | Language |
| AUGUST 26 | Life skills | Life skills | Language |
| AUGUST 27 | Display of Talent by the students( Anatomy& Biochemistry ) | Language |
| AUGUST 28 | Yoga - Meditation & Pranayama | Language |
| AUGUST 29 | How to safeguard yourselves.1.Self Defense.(Police personnel)2.Verbal Defense. | Nutrition & HygieneDietician (VH) | Language |
| AUGUST 30 | Computer Skills(Mr.peer) | Language |
| AUGUST 31 | Feedback & Evaluation | Language |